

Prema Vahini

Nectar 6, Drop 10
23rd Oct, 2015

E-Newsletter from Mukthi Nilayam



Om Sri Sai Vasantha Saiesaiya Namaha

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Swami is bound by my Prema

Mukthi means, *Mohakshayai*, the destruction of attachment. Moksha or Mukthi is to have no attachment. *All will live only for God. All will have no other thoughts. They will be in a desireless state.* Then there is no rebirth. This is Swayambu the self-willed state. It is the state of Truth, the Being state. It is the divine state, where there are no blemishes. Here one lives as it is. Here there will be only God's nature, nothing mixed in. This is how the first age, the Sathya Yuga is, which is born directly from God. As it comes directly from God, **there are only sacred and holy feelings for God in all.** All men will perform their duties without expectation of fruits of action; offering all to God. *All will possess this offering mentality.* Love, simplicity, compassion, helpful nature -- everyone will possess these good qualities and perform only righteous and good actions.

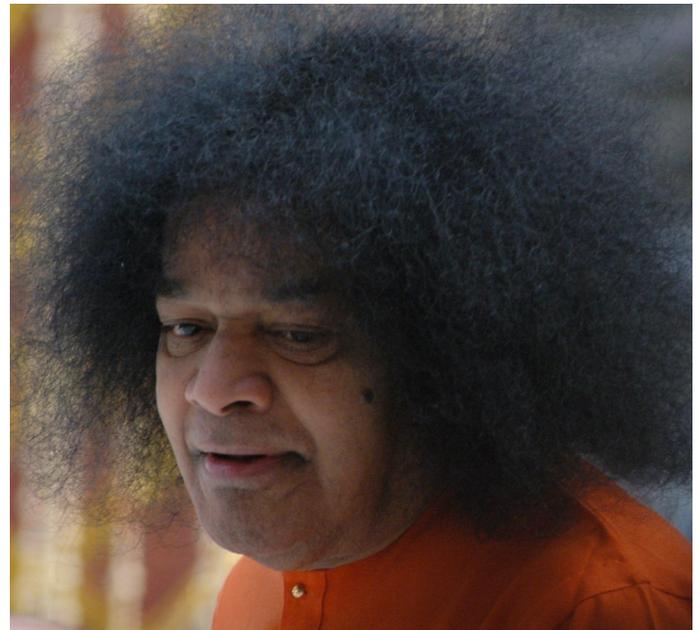
In this state of Swayambu, attachment for the world cannot mix in. This is the state of a newborn baby. Just like the newborn who depends solely on the mother, everyone will only depend on God. This is how the coming Sathya Yuga will be. *It is coming through my feelings.*

A doubt may arise in you, '*How does her feelings enter the animals, birds, trees?*' It is for this reason Sri Krishna gave Mukthi to a mud pot. If a pot can attain Mukthi, can't trees, creepers, animals and birds attain Mukthi?

7 April 2007 Morning meditation

Vasantha: Is it correct what I have written about Tathipandan?

Swami: Yes, this is the Shastra Pramana, scriptural proof



for what you are doing now.

End of meditation

I have asked Swami to liberate plants, trees and animals. Yet, the doubt, '*How can this happen?*', may arise in the minds of some. It is for this reason there exists the example of Krishna bestowing Mukthi in Dwapara Yuga. Swami said that it is the Shastra Pramana for what I am doing now. In Dwapara Yuga, God, Krishna gave Mukthi to a curd pot, an inanimate object. The Mukthi that was only given to human beings, was given to a pot.

Continued on Page 2



Om Sri Sai Vasantha Saiesaiya Namaha

Swami is bound ... (Cont.) Everything is Thee

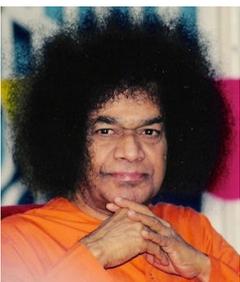
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Now in this Age of Kali, the same Krishna has come and gives Mukthi to all, human and non-human, the living and non-living. It is for this alone Swami has descended and is the reason why He has shown this. Due to the devotion of the young illiterate gopa, Krishna was bound to Him and liberated the pot. Krishna killed many asuras as soon as He was born. Can that same God not come out from the pot by Himself? Krishna only remained inside the pot until the boy asked Him to grant it liberation. This incident has happened only to give me the Shastra pramana for what I am doing now. Can the God, who was bound by the devotion of Tathipandan, not be bound by my Prema?



Swami and I came to demonstrate the Purusha Prakrithi principle. Only when Swami fulfills my desire, will the new yuga, the new creation and the new world come. Bhagavan Sathya Sai Baba is the Primal Being. It is only Swami, who can bestow world liberation. I am like the cowherd boy, asking for world liberation. Swami bestows this due to my infinite Prema. I practice and demonstrate this chapter through my life. **It is my desire that all in the world attain the immortal state, the Jeevan Muktha state.** When all attain the Jeevan Muktha state, they will lead live lives of eternal bliss.

Mukthi Nilayam has come only to give revealed wisdom. It teaches one how to die.



All must have the awareness that 'God sees all we have done, all we are doing and all we will do'. Swami knows even if one bad thought cross your mind. Swami often says, 'I am in you, around you, beside you, above and below you!' Thus, all must be ever vigilant and change their minds.



Everything is Thee

Nothing without Thee

Oh Narayana, Oh Devi Maa

All the beautiful creations

All the wonderful creatures

From the micros to the macros

To the Highest Mountains

Everything is Thee

It is in Thy Garden,

The most beautiful flowers blossoms,

Spreading the sweetest scent of love to 560 crores

I offer you water in a golden tumbler

Embedded with diamonds and rubies

In return, Amma pours Amrit to all of us from a golden shell

My eyes blink for a moment with happiness

Who else in the world is eligible apart from Thee,

To reside in our hearts? You are the Emperor, the Lord

Baba please come, Manifest before us, We are waiting

I could see you appearing on the sky on a rainy day

Your orange coloured robe and

The radiant face gleaming with smile

Stretching one of your arms to me, as if to hold my hands

Me, poor soul, trembling with excitement

Standing like a statue, to touch the Divine Hands

And to get liberated

But what have I done? Nothing

Vasantha Amma is saying I without i, that is God

My Divine Parents, please come together and

Give us all liberation!

Shebana, R.S. – Trivandrum, Kerala, India

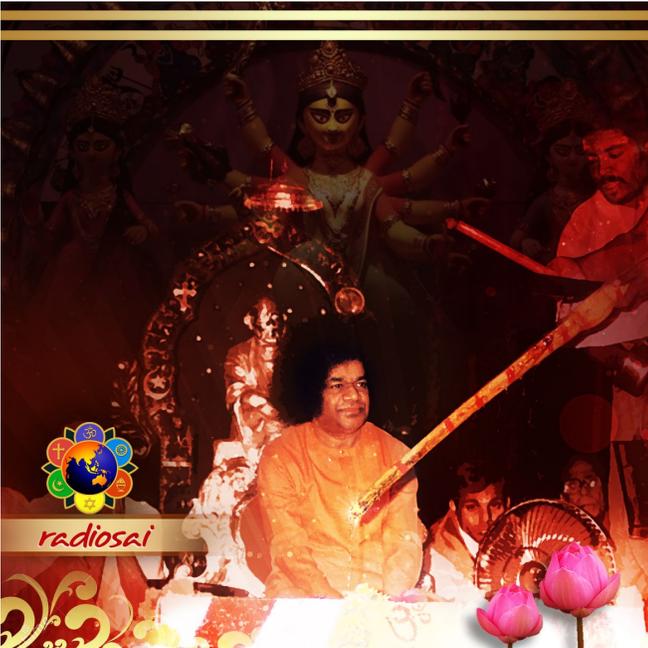
Om Sri Sai Vasantha Saiesaiya Namaha

Veda Purusha Yajna

People resort to gurus to receive **mantras** (mystically powerful formulae to be recited by them for their spiritual uplift); others seek medicine men and holy monks to get **yantras** (esoteric talismans to ward off evil forces); some others learn **thanthras** (secret rites for attaining superhuman powers) from scholars (pandits).

But all of these are wasteful effort.

One should accept the body as the thanthra, one's own breath as the mantra and the heart as the yantra. There is no need to seek them outside oneself.



- ॐ When all words emanating from you are sweet, your breath becomes **Rig Veda**.
- ॐ When you restrict what you listen to and prefer only sweet speech, all that you hear becomes **Sama gana** (rendition of Sama Veda).
- ॐ When you do only sweet deeds, all that you do is **Yajur homa** (ritualistic sacrifice).

Then you will be performing every day the **Veda Purusha Yajna**, the yajna which propitiates the noblest and highest Vedic Spirit!

~ Swami

Make me ready for the battle



Kanna, the enemy's army makes me tremble. Oh, Narayana! Remove this dog's fear. It is fear only that makes man sin. No fear, no fear, even if the whole sky falls on my head. Oh Lord, Apad-bhandava, take me as Your own. You are my refuge, make me realize this through my inner consciousness. Let me renounce all desires, all bad qualities and make me ready for battle. Make me sacrifice all and only then offer myself to You.

Kanna all the good and bad thoughts are parading before each other. You come to the mind chariot and be my charioteer. You bestow Your grace. Oh Deva, You are my refuge, Sharanam Sharanam. Prabhu, at the time of death, I should think of You. Only when I am thinking of You, death should come. You always stay with this servant. Govinda, Nandagopal, Prabhu. You are my refuge, Sharanam Sharanam. Take me to Your lotus feet soon.

Kanna make all chief warriors in me ready for battle. You are charioteer who leads this war. Narayana, You are my refuge, Sharanam Sharanam. Prabhu, rescue this lowest of the low. Oh lotus eyed One, the wearer of the Kaustubha jewel, You are my refuge, Sharanam Sharanam

(Note: The above passage is from the diary of Amma's father Sri V V Madhurakavi. He is a great devotee of the Lord, and also a freedom fighter. He lived his life following the Gandhian Principles. Every night, he will take a verse from Bhagavad Gita, and write his feelings connected with the verse, as an outpouring prayer from his heart, pleading to the Lord, to grant him devotion, mukthi, etc. Amma has published some of these as a book - "Living Gita - My Father's Diary". Swami took this book on 22nd April, 2010 during evening darshan in the Kumbhant Hall)

Who? Who? Who?

Who wanted to marry Krishna at the tender age of five?
 Who has spent Her entire life in one-pointed thoughts of God?
 Whose love expanded from Madhura bhava to Maatru bhava,
 From wanting to reunite with God
 to wanting salvation for All, seeing All as Her own?
 Who received every conceivable shakti from all Devas and turned them all away?
 Who is Swami's beloved Shakthi and His 'Daya Devi'- God's form of compassion?
 Who has spent Her entire life in penance, yearning and tears,
 Dying to rejoin with Her most beloved Lord — yet staying on this Earth for us?
 Who, for the sake of humanity, came to this Earth bereft of Her Divine Self awareness,
 And thus had to bear through all the hardships of a common human,
 In order to teach us, through Her example, how it IS possible to rise all the way to God?
 Who has cried unceasingly to God to forgive the karmas of all people in the world?
 Who finds mercy in Her heart for even those who have maligned and persecuted Her?
 Who, being totally free of guilt and karma, spends Her life in penance to lift other's sins?
 Who is the only one whose tears can interfere with the consequences of man's actions?
 Whose Cosmic Divine feelings roam the space and reduce all our Karmas?
 Whose powers break Karmic Law and are set to change the world?
 Who has such selfless, boundless, ever-expanding Love and devotion to God in ALL,
 as She has expressed?

Come! Let us all gather at Vasantha Sai's beloved feet
 and wash them with our tears of gratitude.

Better yet, let us meditate on Her love-soaked teachings and practice them daily.

She came to save us. She cares not to be adored. She wants our SALVATION!

Let's be attentive to Her sweet directives:

“Lovingly offer all your acts, words and deeds to God every minute of your life”.

“Be grateful for all you receive, even what you dislike - all are gifts from God”.

“Connect all you see to God, and see Him and love Him in everyone and everything”.

“Be attached only to God. Only God is real. Detach from all else”

“Search for your own faults, to change them - but be free from judging others.”

“Strengthen your faith. Karmas can be removed through faith.”

“Live simply and be humble. Spread Prema - Show love to everyone!”

“Accept responsibility for past actions. Whole-heartedly repent and cry to God for mercy.”



Dearest Amma, thank you
 for Your infinitely precious Mother's Love.

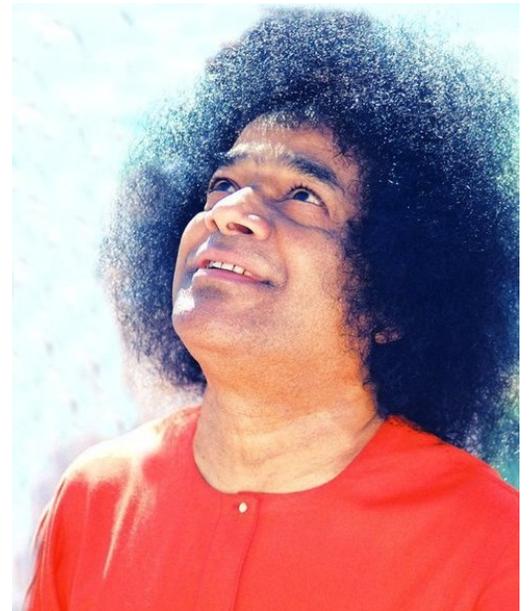
May it be a constant pointer
 Leading us to live as You have taught.

Wishing You a gloriously Happy Birthday

In the full presence of
Your most Beloved Bhagavan

Sri Sathya Sai Baba,

Forever yours,
 na ni na



Om Sri Sai Vasantha Saiesaiya Namaha

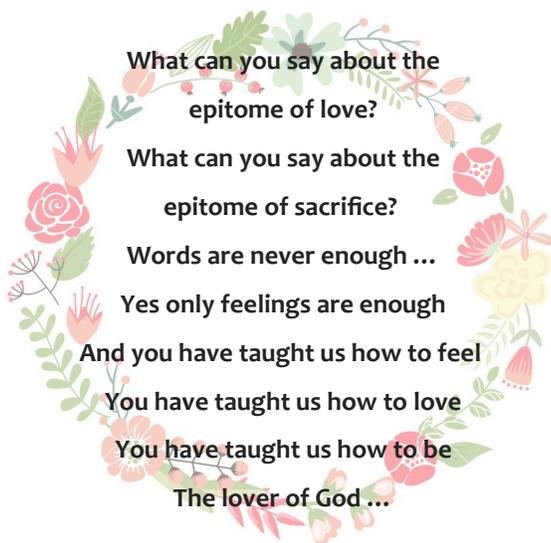
The path of Devotion is very Blissful



Those who practice Advaita attain the highest stage at the end. The one on the path of Dvaita is not like this, he realizes “every minute”. Advaita receives the fruit at the end; Dvaita tastes the fruit minute to minute. One on the Advaitic path must control his senses and all his qualities. For the Bhakta every quality is diverted to God. The bhakta may be angry with God sometimes, be happy another, again greedy for God's love. Another time he may say God belongs only to him. **As he diverts all these qualities to God, he enjoys bliss minute to minute.** On the path of devotion, God and the devotee pour their love on each other, merging in each other. This is your state. This is what Radha did not attain. Every moment, every quality, feeling, connects and merges with God. Thus you are living a heavenly life on earth. No one can experience the state of bliss that you enjoy. If one asks what is the taste of halva, you can say, ‘It is sweet, madhuram’. Yet it is only by tasting it that you will know its taste, its sweetness. The Advaitic and Bhakthi path lead to the same goal, but the path of devotion is very blissful. **It is full of happiness. It is the softness of a rose; it is the touch of the tender breeze. It is the fragrance of flowers.** All come and join. The path of wisdom is very hard, up and down. Bhakthi is easy. Your devotion attracted God to you, so He created a separate island for you. Who can know the depth of your devotion?

~ Swami to Amma

Words are not enough, Amma!



Evelina, Canada

TEARS OF YEARNING

Your life defines love!	Till we make earth into heaven
You are an epic of love!	The confluence of our tears
You made God Himself shed tears of yearning.	Will not dry!
	Will not dry!
The union of bodies - Marriage!	Through your definition of Prema,
The union of feelings - Bliss!	Your life becomes an epic
The union of souls - Merger!	God Himself is yearning for you
The union of atoms - What to call it?	You make Him cry.
My heart ink will not be enough	
To fill in with words like...	~ Swami to Amma
My honey! My Dear! My Pearl!	

Om Sri Sai Vasantha Saiesaiya Namaha

Keep Smiling face



One smiling face makes all smiling face

One castor oil face makes all castor oil face

Face is the mirror of the mind

So we treat all with kindness

Kindness makes the mind clear

Clear mind become pure

The mind pure

Birth disease cure

You are God's dear

This is life's principle

~ Amma

I love you Mother forever

OM SAI RAM

Pranams at your Divine Lotus Feet Amma

BIRTHDAY WISHES TO MY DIVINE MUM.

I love you Mum always! The love you gave me is the bond that we will hold together forever. You taught me to have love, truth and compassion in my heart always. Trouble confronts me - I just smile. In difficult times a bright shining light stands in front of me - you are all to me. SWAMI and AMMA are the only GOD I know! When I am in distress... I say to myself I have a DIVINE MUM VASANTHA AMMA. I LOVE YOU MOTHER ALWAYS FOREVER.

HAPPY BIRTHDAY. Sai Ram.

Diane Rungasamy, South Africa

Our last thoughts ...

Every one born must die. Our death is the reason for our next birth. The earnings of this present life are taken to the next life. What is the meaning of earnings? Money, wealth, relatives, jewels, house, none of these are our earnings. **Attachment, desire and delusion are our life's earnings.** It is at the moment of one's death that man's nature and qualities become the deep impressions that follow him to his next birth. It is due to these deep impressions or samskaras that a new body is taken. Thus the journey continues to another birth and man is ever caught in the cycle of birth and death. It is only when the jeeva realizes who he is, performs sadhana and becomes Shiva, will this journey come to an end.

The Lord declares in the Gita,

... He who departs from the body thinking of Me alone at the time of death, attains Me. There is no doubt.

The impressions that are born through action become samskaras. Every day from morning until evening we carry an imprints of the honor, dishonor, anger, anxiety, likes and dislikes. Samskaras are impressions in the memory which arise from the events that occur each day. These then may fade after a week, a month, or after a year. It is the one or two impression which remain in the mind after a year that come flooding back at the moment of death. **The thought that comes to us at the time of death constitutes our life's earnings.** On the basis of this, man is repeatedly born and he dies. If we do good things, good samskaras come. If we do evil or bad, these become negative impressions. If we want our last moments to be good, we must begin to train the senses now. We must use awareness each and every moment. Sri Krishna then declares:

... Think of Me day and night, then only will My thought come to you at the moment of death.

Let us see a story, which Swami has often told. Once there was a man who owned a factory. The man had four sons. In order to remember God in his last moments, he named his sons after Lord Krishna. At the time of his last moments, he called to his eldest son, 'Madhava!' The boy replied, 'I am here, father'. He then called his second son, 'Krishna!' Again, he received the response, 'I am here, father.' The man called, 'Kesava?' The third son said, 'I am here, father' The man then called his youngest son, 'Hey Gopal!' The boy immediately said, 'I am here father!' The man said, 'If you are all here, who is taking care of the factory!' Uttering the last word, he immediately died.

Thus, his last thoughts were only of his factory and who was looking after it. The Azhwars tell that we should call our children by the name of God. Then when we are facing death and call out to them, we will be calling out to God. Yet, though the man named his sons after Krishna, only his factory and who was looking after it came to his mind at the moment of death! What is the use of calling his sons after God, when he only asked about factory at the end of his life? Due to this, he was reborn. This is the story that Swami tells. Whatever occupies our life will come to us in our last moments.

Wonder of Wonder is SHE



Amma is Swami's cherished gift to humanity
A wonder of wonder is she
Her overwhelming compassion and sacrifice
Will grant each soul liberation

Amma is our only refuge
She redeems us of our sins
Removes the veil of sufferings and sorrows
An innocent and compassionate angel is she!

Amma is revered by her devotees
Her purity and love inspires
Amma's wisdom is unparalleled
Leading all to truth and righteousness

Amma is ushering in the Sathya Yuga
When all will live in bliss
For God and God alone!

Let us all surrender at her lotus feet
Seeking her blessings on this auspicious day
To transform ourselves fully
To obtain Mukthi.

Nirmal Chowdhury

Practicing the presence of God ...

Dearest Amma,

*Even though you do not hear from me much,
please know that you are in my heart each day
as I say the mantra and try to live your
example of the practice of the Presence of God.
You are a light in this world which gives in-
ner joy as I go about my days.*

Thank you. I will be there in Spirit on your birthday.

Sai Ram

Louise Australia



How to keep our mind at peace?

Mahavishnu is reclining on
Adishesha as an embodiment of
peace;

*He is the Lord of the Universe,
He has a cloud colored complexion,
He who has entranced Mahalakshmi,
He has lotus eyes,
He lives in the hearts of yogis.*

The Lord is an embodiment of peace
reclining on the thousand hooded
snake Adishesha. In the same way dur-
ing our time on earth while involved in

a thousand activities, our mind should be in peace. The worldly
objects spit venom like a snake. Each one of us faces so many prob-
lems. We are under assault in a sea of emotions. These emotions be-
come deep impressions in the mind. They alone are the root cause for
our numerous births. There is only one way to escape from them. **One
should be constantly thinking of the Lord.** The mind not being trapped
in dualities will then be peaceful.

The Lord has the thousand hooded snake under his control, like this
we should have our mind peaceful when we are discharging our
worldly duties. He has controlled the snake and reclines on it. **If we
too control our senses and mind, we too can live in bliss.** The hamsa
or swan is symbolic of purity and divinity. The individual who has at-
tained paramahansa state has a very soft nature. They see the omni-
present God in each and every object. They feel and experience God
in all things. Due to my overflowing Prema for Bhagavan, I cannot sep-
arate worldly and spiritual matters, I see Him alone



Our Prema pours out as tears & bliss

An incident happened during darshan in Kodaikanal in 2007,

Swami did not go into the house but sat near the entrance of His house on the balcony. I could not see His face. The hair alone was visible. Swami came back along the veranda towards the bhajan hall. Devotees were sitting on the veranda, shuffle to one side, thinking Swami is going to come. However,



Swami stops in the middle of the veranda by the pillar. He sat straight in front of me. Bhajans were sung. Swami looked directly at me and I looked at Him. Suddenly a devotee kneels up and tries to show some papers to Swami. Swami pushes them away. Streams of tears pour from my eyes. I look and see tears pouring from Swami's eyes! Swami wipes His tears with a kerchief. He tells them to begin the Bal Vikas program. Small children gather and sing in front of Swami. I feel very blissful and ecstatic. I wonder, 'Is it a dream? Is it true? Is it really happening'?

Our secret drama is staged for all to see. What great bliss! I am not in the world. I am not aware of what is happening around me. God is sitting in front of me!



The essence of Radha's life is sacrifice and Prema. Prema begets sacrifice and sacrifice begets Prema. A mother is ready to sacrifice anything, even her life for the sake of her child. The people of the world are all my children. I am willing to give anything for their well-being. These are my natural feelings, the feelings of a mother. Swami says Prema Sai Avatar will be an embodiment of such motherly feelings. If the untainted Prema of the gopis could create a Krishna for each of them, cannot the totality of motherliness create a form of Shakthi? Sathya Sai Baba is a form taken to experience my Prema. Prema Sai will be the form that expresses my infinite motherly feelings. My motherly love and compassion will bring the Prema Sai Avatar

He looks at me. We smile, laugh and cry. His kerchief and mine are wet with tears. How many years of yearning? How much we love each other! Our Prema pours out as tears and bliss. Geetha asks, "What is happening Amma? Why is Swami looking at you continuously? I cannot bear to see both of you shedding tears."

Nicola says, "Amma, it is blissful!"

I am floating on air. Staring at each other, boundless Prema comes pouring out. Our yearning and longing knows no limits. There is no end to my tears. Swami goes inside the house before the program finishes. After five minutes arathi is shown. We return home.

A devotee called Maria came and said, "Amma, Swami was sitting right in front of you. He was gazing at you for a long time. I felt very blissful." I said, "Swami left suddenly overwhelmed by feelings."

**YOUR DIVINE DARSHAN,
RENEWS OUR SPIRIT!**



Each picture
of You,
Is Darshan of
You.
And with each
Darshan we
receive,
We become
brand new!
HAPPY
BIRTHDAY!
- 2015 -

Om Sri Sai Vasantha Saiesaiya Namaha

Prema Vahini

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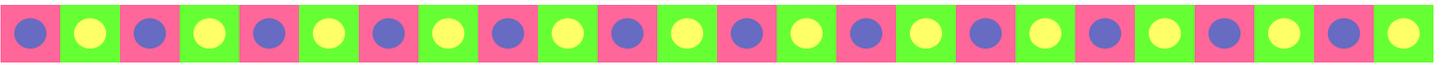
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The Enchanter Himself is enchanted

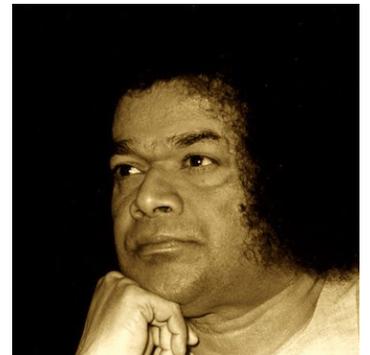


Looking at the fear filled eyes
Should I call you a deer?
Enjoying the endless sweetness
Should I call you honey?
My sweet Angel, what shall I call you?
I am like a bee My heart drunk with you!
The Enchanter Madhava Himself is
Enchanted by you Mohini!



There is a gigantic tree. There are several branches to this tree. Each branch has several fruits on it. You desire to have the fruit. You are able to see the fruits, branches and the tree itself. You believe that the tree is reality. That is ignorance. Hidden away from sight are the roots. Unless these roots are given manure and watered regularly, they cannot give you the fruits and flowers that are seen. Similarly, you are able to see the pleasures and joys of the world outside. All of these depend on the power of the Atma. There is a divine power existing which is unseen by you. It is this power that gives you experience.

~ Swami



Om Sri Sai Vasantha Saiesaiya Namaha